2012 Elmbridge Road Runners – Diary 2012 2012

	January	February	March	April	May	June	July	August	September	October	November	December	
Mon										1			Mon
Tue					1					2			Tue
Wed		1			2			1		3			Wed
Thu		2	1		3			2		4	1		Thu
Fri		3	2		4	1		3		5	2		Fri
Sat		4	3		5	2		4	1	6	3	1	Sat
Sun	1	5	4	1; **Kingston BR** 8.2/16M	6; **Richmond Half** 8.30am	3; **Dorking 10M**	1	5	2	7; **XC 1**	4; **Nonsuch 10K**	2	Sun
Mon	2; Bank Holiday	6	5	2	7	4; Bank Holiday	2	6	3	8	5	3	Mon
Tue	3	7	6	3	8	5; Bank Holiday	3	7	4	9	6	4	Tue
Wed	4	8	7	4	9	6	4	8	5	10	7	5	Wed
Thu	5	9	8	5	10	7	5	9	6	11	8	6	Thu
Fri	6	10	9	6; Bank Holiday	11	8	6	10	7	12	9	7	Fri
Sat	7; **Annual Dinner**	11; **XC 4 (Men & Ladies)**	10	7	12	9	7	11; Olympics ends	8	13	10	8	Sat
Sun	8	12	11	8	13; **Sutton 10K**	10	8	12; **Wimbledon 5K**	9; **Harry Hawkes 8M**	14	11	9	Sun
Mon	9	13	12	9; Bank Holiday	14	11	9	13	10	15	12	10	Mon
Tue	10	14	13	10	15	12	10	14	11	16	13	11	Tue
Wed	11	15	14	11	16	13	11	15	12	17	14	12	Wed
Thu	12	16	15	12	17	14	12	16	13	18	15	13	Thu
Fri	13	17	16	13	18	15	13	17	14	19	16	14	Fri
Sat	14; **XC 3 (Men & Ladies)**	18	17; **Bushy parkrun 5K** 9am	14	19; **Green Belt Relay**	16	14; **Elmore 7**	18	15	20	17	15	Sat
Sun	15	19; **Wokingham Half** 10am	18	15	20; **Green Belt Relay**	17	15	19	16	21	18	16	Sun
Mon	16	20	19	16	21	18	16	20	17	22	19	17	Mon
Tue	17	21	20	17	22	19	17	21	18	23	20	18	Tue
Wed	18	22	21	18	23	20	18	22	19	24	21	19	Wed
Thu	19	23	22	19	24	21	19	23	20	25	22	20	Thu
Fri	20	24	23	20	25	22	20	24	21	26	23	21	Fri
Sat	21	25; **National XC Parliament Hill**	24	21	26	23	21	25	22	27	24	22	Sat
Sun	22	26	25; **Cranleigh 15/21**	22 **VLM 2012**	27	24; **Richmond 10K**	22; **Elmbridge 10K**	26	23	28	25	23	Sun
Mon	23	27	26	23	28	25	23	27; Bank Holiday	24	29	26	24	Mon
Tue	24	28	27	24	29	26	24	28	25	30	27	25; Bank Holiday	Tue
Wed	25	29	28	25	30	27	25	29	26	31	28	26; Bank Holiday	Wed
Thu	26		29	26	31	28	26	30	27		29	27	Thu
Fri	27		30	27		29	27; **Wedding Day 7K**	31	28		30	28	Fri
Sat	28		31	28		30	28		29			29	Sat
Sun	29 **Epsom Perch** 6.25M			29			29		30			30	Sun
Mon	30			30			30					31	Mon
Tue	31						31						Tue
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School Holidays

Trophy Races

Surrey League Cross Country

Website link