

*****ERR DIARY September '09*****

WEEKEND TRAINING RUNS/CLUB NIGHT EVENTS: CHECK DUNCAN'S EMAILS

BUSHY PARK TIME TRIAL - EACH SATURDAY AT 9.00.AM 5K ALL STANDARDS**

****FREE ENTRY** MEET DIANA FOUNTAIN CAR PARK need to**

DATE	EVENT	TR=Trophy Race SRL=Surrey Road League
2009:		
September:	Tuesday 1st	ERR Towpath handicap, round 7
	Sunday 6th	Harry Hawkes 8m Thames Ditton - TR(8)
	Sunday 13th	Track session ACS Cobham
	Saturday 26th	Bushy Park Time Trial 5k
	9.00am Diana Fountain Car Park- free but need to register the 1st time you enter- www.parkrun.com - TR(9)	
October:	Sunday 18th	Track session ACS Cobham
	Saturday 10th	Womens XC Mens XC Priory Park Cranford Park (British Airways)
	Sunday 25th	Oxshott 10k RH Classic Series Oxshott Sports club - TR(10)
November:	Sunday 1st	Nonsuch Park 10k RH Classic Series Mansion Hse. Nonsuch Park - TR(11)
	Saturday 14th	Womens XC Mens XC Dembies Vineyard, Dorking Lloyd Park Croydon
	Sunday 15th	Track session ACS Cobham
December:	Saturday 12th	Womens XC Mens XC Richmond Park, Petersham Epsom
	Sunday 13th	Track session ACS Cobham
	Sunday 20th	Horton Park 10k RH Classic Series Horton Country Park Epsom - TR(12)
2010		
January		
February	Saturday 6th	Womens XC Mens XC Wimbledon Common TBA