

28th June 2009

**DYSART DASH 10K**

Pos	Name	Club	Time	Age Cat.	
				Group	Pos
1	Stuart Major	Thames H&H	32:36	SM	1
2	Andy Weir	Thames H&H	32:48	M40+	1
3	John Kimaiyo	Belgrave H	33:08	SM	2
4	Nick Hodges	Dorking & MV	33:11	SM	3
5	Will Cockerell	Belgrave H	33:17	SM	4
6	Jimmy Goulis	Stragglers	33:39	SM	5
7	Simon Baines	Thames H&H	34:10	SM	6
8	Will Clark	Epsom & Ewell H	34:23	SM	7
9	Neil Aitken	Clapham Chasers	34:49	SM	8
10	John Dewey	Guildford & God.	34:53	SM	9
11	James Ellis	Clapham Chasers	34:53	SM	10
12	Wayne Smith	Stragglers	34:56	SM	11
13	Darryl McDonald	Ranelagh H	35:08	M40+	2
14	Nick Altmann	Thames H&H	35:11	SM	12
15	Paul Lee-Smith	Striders of Croydon	35:15	SM	13
16	Richard Todd	Thames H&H	35:19	SM	14
17	Andrew Walker	Reigate Priory	35:22	SM	15
18	George Donnelly	Reigate Priory	35:47	SM	16
19	Stephen Whitehead	Ranelagh H	35:53	SM	17
20	Mark Thomas	Reigate Priory	36:04	SM	18
21	Stuart Flack	Epsom & Ewell H	36:11	SM	19
22	Bruce Harrold	Dorking & MV	36:16	SM	20
23	Rajdave Singh	Herne Hill H	36:23	SM	21
24	Tomas O'Loughlin		36:30	SM	22
25	Mike Webb	Belgrave H	36:32	M40+	3
26	Nathan Mills	Ranelagh H	36:35	SM	23
27	Joseph Chang	26.2 RRC	36:39	SM	24
28	Nick Stevens	Clapham Chasers	36:43	SM	25
29	James Ward	Herne Hill H	36:46	SM	26
30	Steven Evans		36:46	SM	27
31	Simon Phillips	Herne Hill H	36:49	SM	28
32	Ed Barker	Ranelagh H	36:50	SM	29
33	Alex Halpin	South London H	36:58	SM	30
34	Martin Giles	Sutton Runners	37:02	M40+	4
35	Tim Cross		37:05	M40+	5
36	Michael Daniels	Wim. Windmilers	37:10	M40+	6
37	Daniel Gillett	South London H	37:12	SM	31
38	Nick Sullivan	Ful-On Tri	37:15	SM	32
39	Jess Petersson	Stragglers	37:17	SL	1
40	Jonathan Robinson	Ranelagh H	37:20	M50+	1
41	Peter Lee	Hercules/Wim.	37:24	M40+	7
42	Mark Tennyson	Guildford & God.	37:25	M40+	8
43	Duncan Haughey	Elmbridge RR	37:28	M40+	9
44	Martin Halvey	Ranelagh H	37:29	M50+	2
45	David McGregor	Serpentine	37:31	M50+	3
46	Hugh Saxby	Hercules/Wim.	37:33	M50+	4
47	Mark Burtwell	South London H	37:37	SM	33
48	Andrew Taylor	Reigate Priory	37:50	SM	34
49	Andrew Pickup		37:50	SM	35
50	Andrew Fay	Dorking & MV	37:55	M50+	5
51	Danny Norman	Stragglers	38:01	SM	36
52	Chris Walmsley	Stragglers	38:09	SM	37
53	Joseph Brewer	26.2 RRC	38:10	SM	38
54	Mike Hall	West 4 Harriers	38:17	SM	39
55	Rich Pryer	Tri Coach UK	38:23	SM	40
56	Trevor Maguire	Ranelagh H	38:27	M40+	10
57	Peter Boatright	Elmbridge RR	38:35	M40+	11
58	Paul Blanc	Reigate Priory	38:40	M40+	12
59	Allan Barrie	Stragglers	38:45	SM	41
60	Nicholas Martin	Clapham Chasers	38:49	SM	42
61	Charlie Wallace	Wim. Windmilers	38:52	SM	43
62	Adam Rathbone	West 4 Harriers	38:53	M40+	13
63	Marc Woodall	Guildford & G	38:55	SM	44

64	Richard Pitt	Thames H&H	38:57	M50+	6
65	Richard Nicholson	Elmbridge RR	39:00	SM	45
66	Bert Smith	Stragglers	39:03	SM	46
67	Jo Ronaldson	Ranelagh H	39:05	L35+	1
68	Martin Newton	Sutton Runners	39:10	M40+	14
69	Paul Mitchell	South London H	39:11	M40+	15
70	David Williamson	Tadworth AC	39:13	M40+	16
71	John Matthews	26.2 RRC	39:15	SM	47
72	Elizabeth Stavreski	Thames H&H	39:16	L35+	2
73	Richard Lee-Smith	Striders of Croydon	39:16	SM	48
74	Ken Edwards		39:17	M50+	7
75	Jerym Brunton	Ranelagh H	39:22	SM	49
76	Mariah McConnaughey	Serpentine	39:26	SL	2
77	Marie Synnott-Wells	Ranelagh H	39:33	L35+	3
78	Paul O'Callaghan	Tadworth AC	39:37	SM	50
79	Colin Oxlade	Croydon H	39:43	M50+	8
80	Laurence Duffy	Stragglers	39:46	M40+	17
81	Geoff Newton	Tadworth AC	39:48	M60+	1
82	Stephen Warkins	26.2 RRC	39:52	SM	51
83	Bill Neely	Ranelagh H	39:53	M50+	9
84	Robert Ewen	Striders of Croydon	39:57	M50+	10
85	Isobel Rea	West 4 Harriers	39:59	SL	3
86	Stewart McIntyre	Reigate Priory	40:05	M60+	2
87	David Burrows	Clapham Chasers	40:12	SM	52
88	Keith Dunning	Collingwood AC	40:17	M40+	18
89	Juliet Cleghorn	Stragglers	40:22	L35+	4
90	Ben Hallifax	Herne Hill H	40:26	SM	53
91	Emily Gear	Clapham Chasers	40:29	SL	4
92	Ian Thomas	Reigate Priory	40:32	M40+	19
93	Paul Leonard	Wim. Windmilers	40:33	SM	54
94	Lucie Custance	Clapham Chasers	40:35	SL	5
95	Sara Grosvenor	Ranelagh H	40:36	SL	6
96	Jon Samuel	Elmbridge RR	40:38	M40+	20
97	Howard Jones	Dorking & MV	40:47	M40+	21
98	Stephen Massey	Striders of Croydon	40:47	M40+	22
99	Paul Stanford	Striders of Croydon	40:50	M40+	23
100	Stephen McDuell	Hercules/Wim.	40:55	M40+	24
101	David Maher	26.2 RRC	40:57	SM	55
102	Liz Kipling	Ranelagh H	41:10	L35+	5
103	Philip Moriarty	Reigate Priory	41:14	SM	56
104	Steve Halsey	Stragglers	41:14	M40+	25
105	Simon Inghall	Hercules/Wim.	41:15	M50+	11
106	John Foss	South London H	41:15	M50+	12
107	Vicky Foad	Sutton Runners	41:20	L35+	6
108	John Blake	West 4 Harriers	41:25	M40+	26
109	Richard Sullivan		41:28	M40+	27
110	Alan Purkiss	Stragglers	41:41	M60+	3
111	Ruth Clifton	Wim. Windmilers	41:44	SL	7
112	David Brown	Croydon H	41:46	SM	57
113	Romeo Grazzini		41:47	SM	58
114	David Wilson	26.2 RRC	41:48	M50+	13
115	Edmond Barrow	Herne Hill H	41:55	M40+	28
116	Noel Hollingsworth	Stragglers	41:56	M40+	29
117	Steve Hutton	Tadworth AC	41:58	M50+	14
118	Rachel Bentley	Clapham Chasers	41:58	SL	8
119	Martin Cloherly	Epsom & Ewell H	42:01	M50+	15
120	Ian Callander	Stragglers	42:05	M50+	16
121	Barry White	Hercules/Wim.	42:08	SM	59
122	Helen Carter	Herne Hill H	42:14	SL	9
123	Barnaby Hopson		42:16	SM	60
124	Simon Cottle		42:23	SM	61
125	Nic Gould	Thames H&H	42:24	SM	62
126	Peter Thompson		42:28	SM	63
127	Tanya O'Connor	Clapham Chasers	42:37	SL	10
128	Earl Tulloch	Sutton Runners	42:44	M40+	30
129	Clare Settle	South London H	42:47	L35+	7
130	Neil Maury	South London H	42:49	M40+	31
131	Barry Nixon	Stragglers	42:50	SM	64
132	Paul Rider		42:53	M40+	32

133	Andrew Pengelly	26.2 RRC	42:55	M40+	33
134	Jane Davies	Epsom & Ewell H	43:01	L55+	1
135	George Philpot		43:03	SM	65
136	Stephen Annett	Stragglers	43:03	M50+	17
137	Matthew Kiernan	Croydon H	43:05	SM	66
138	Karen Lloyd	Reigate Priory	43:06	SL	11
139	Hugo Woddis	Thames Turbo	43:08	M40+	34
140	Chris Read	Ranelagh H	43:11	M40+	35
141	George Inman	Ranelagh H	43:15	SM	67
142	Mark Wingham	Sutton Runners	43:16	SM	68
143	Keith Brown	Croydon H	43:19	M50+	18
144	Gavin Ellis	Realbuzzrunbritain	43:20	SM	69
145	Michael Leong	Clapham Chasers	43:20	SM	70
146	Faye Wilson	Stragglers	43:26	SL	12
147	Keith Simpson	West 4 Harriers	43:27	M40+	36
148	William Walsh	Collingwood AC	43:29	M40+	37
149	Simon Boddy	Tadworth AC	43:32	M50+	19
150	Nick Mabbott	Tadworth AC	43:38	M40+	38
151	Philip Newbery		43:45	SM	71
152	Isabel Sutherland	Wim. Windmilers	43:45	L35+	8
153	Richard Goulder	26.2 RRC	43:47	SM	72
154	Joe Dean	Clapham Chasers	43:47	M40+	39
155	Susan McDonald	South London H	43:48	L35+	9
156	Nicholas Feakins	Reigate Priory	43:48	M50+	20
157	Hugh Alexander	Striders of Croydon	43:50	M50+	21
158	Daniel McLaughlin	Orpington RR	43:50	M40+	40
159	Peter Bowles	Serpentine	43:58	M40+	41
160	Jenny Hunt	Guildford & God.	43:59	SL	13
161	Sarah Winter		44:00	L35+	10
162	Martin Winter		44:00	M40+	42
163	Kiran Nayee		44:02	SM	73
164	Duncan Mallison	Ranelagh H	44:05	SM	74
165	Cassandra Power	Clapham Chasers	44:07	SL	14
166	Anna Garnier	Thames H&H	44:08	L45+	1
167	Neil Mackintosh		44:11	M40+	43
168	Stewart Bond	Hercules/Wim.	44:12	M40+	44
169	Andy Woodhouse	Ranelagh H	44:15	SM	75
170	David Brooks		44:20	SM	76
171	Adam Sullivan	26.2 RRC	44:21	SM	77
172	Steve Rowland	Ranelagh H	44:21	M50+	22
173	Fiona Love	Clapham Chasers	44:22	SL	15
174	Debbie Jackson	Herne Hill H	44:23	L35+	11
175	Nigel Panter		44:24	M40+	45
176	Andy Bowen	West 4 Harriers	44:25	M40+	46
177	Guy Watson	Stragglers	44:29	M40+	47
178	David Strange	Stragglers	44:31	SM	78
179	Nikki Nicholson	Elmbridge RR	44:37	SL	16
180	Helen Sharp	Herne Hill H	44:38	SL	17
181	Rachel Badham	West 4 Harriers	44:42	L35+	12
182	David Hallson	Road Runners Club	44:43	M50+	23
183	Ernie Hann	Redhill & D RM	44:46	SM	79
184	Isabel Peters	Haslemere Border	44:54	L35+	13
185	Stephen Duke		44:56	M40+	48
186	Darren Woods	Redhill & D RM	44:59	SM	80
187	Rachael Holmes	Ranelagh H	45:01	SL	18
188	Cara Kayum		45:04	SL	19
189	Zoe Ashcroft	26.2 RRC	45:14	SL	20
190	Nicola Dicks	Collingwood AC	45:15	SL	21
191	Maurice Sharp	Hercules/Wim.	45:21	M60+	4
192	Aimee Billington	26.2 RRC	45:24	SL	22
193	Ian Grange	Ranelagh H	45:25	M40+	49
194	Simon Finch	26.2 RRC	45:29	M40+	50
195	Philip Diamond	Clapham Chasers	45:33	SM	81
196	Luke Bielby		45:35	SM	82
197	Enfys Jones	Carmarthen & Dist H	45:38	SL	23
198	Patricia Thomas	Ealing S&M AC	45:40	L35+	14
199	Lauren Jones	Sutton Runners	45:53	SL	24
200	Graham Miller	Sutton Runners	45:54	M40+	51
201	Julie Garner	Stragglers	45:54	L45+	2

202	Charlie Foster	26.2 RRC	45:55	SM	83
203	Ceara Joyce	Epsom Oddballs	45:57	L35+	15
204	Stephanie Upton	Striders of Croydon	45:58	L35+	16
205	Adam Hughes	British Airways	46:01	SM	84
206	Michael Wood		46:02	M40+	52
207	Jane Bass	Clapham Chasers	46:03	SL	25
208	Alan Gar		46:04	SM	85
209	Christian Morris	Serpentine	46:08	SM	86
210	Alice Ewen	Striders of Croydon	46:09	SL	26
211	Jim Boyling	Epsom Oddballs	46:13	M40+	53
212	Bronwynn Joyce	26.2 RRC	46:18	SL	27
213	Nicola Baker	Ealing S&M AC	46:18	L35+	17
214	Barry Finch	Striders of Croydon	46:20	M60+	5
215	Matthew Sears	Dorking & MV	46:23	SM	87
216	Alan Davidson	Ranelagh H	46:23	M60+	6
217	Justin Davis		46:24	SM	88
218	Stephen Logue	Ranelagh H	46:25	M50+	24
219	Chris Jowett		46:35	SM	89
220	Andy Hayward	Ranelagh H	46:41	M50+	25
221	Vince Gannon		46:43	SM	90
222	Mark Aldred	Sutton Runners	46:47	SM	91
223	Michael Osborne		46:48	M40+	54
224	Dave Wylie	Epsom Oddballs	46:51	M60+	7
225	Jean Knapp	Runnymede Runners	46:53	L35+	18
226	Pam Iannella	South London H	46:54	L45+	3
227	Ben Alderson		46:57	SM	92
228	Lindsay Doy	Wim. Windmilers	46:58	L35+	19
229	Louise Piears	Ranelagh H	47:08	L45+	4
230	James Fuller	Tadworth AC	47:13	SM	93
231	Carolyn Grainger	Herne Hill H	47:26	SL	28
232	David Greenfield		47:32	M50+	26
233	Madeline Dykes	Dorking & MV	47:37	L35+	20
234	Fraser Hedgley		47:43	SM	94
235	Sara White		47:44	SL	29
236	Jonathan Lees		47:47	SM	95
237	Chloe Hawkins	Tadworth AC	47:50	SL	30
238	David Venter	Stragglers	47:52	M40+	55
239	Ana Maria Garcia		47:53	SL	31
240	Simon Martin		47:54	SM	96
241	Gina Burbidge	Sutton Runners	47:56	L35+	21
242	Sandrine Gonnet	Clapham Chasers	47:58	L35+	22
243	Robin Harris	Redhill & D RM	48:03	M40+	56
244	Robinley Farmer	St Albans Striders	48:13	SL	32
245	Sonia Rowland	Ranelagh H	48:17	L45+	5
246	Sally Dell		48:26	L35+	23
247	Gavin Walker	Dragons	48:29	M40+	57
248	Graham Ashby	26.2 RRC	48:33	M40+	58
249	Lisa Wood	Wim. Windmilers	48:35	SL	33
250	Peter Dry	Epsom Oddballs	48:36	M50+	27
251	Paul Martingell	Ranelagh H	48:42	M50+	28
252	Alan Saunderson		48:50	M50+	29
253	Bernadette Maher	Wim. Windmilers	48:51	SL	34
254	Ralph Eley		48:51	M40+	59
255	Fraser Campbell		48:57	M40+	60
256	Ivan Salcedo		48:59	SM	97
257	Roland Halliwell	Stragglers	49:01	M40+	61
258	Wiebke Kortum	Ranelagh H	49:05	L35+	24
259	Rhiannon Lloyd	Elmbridge RR	49:07	SL	35
260	Sarah Allen	Herne Hill H	49:18	L45+	6
261	Ingrid Wagner	Stragglers	49:24	L35+	25
262	Vincent Nottidge		49:29	M40+	62
263	David Gibson		49:31	SM	98
264	Ian Porter		49:33	M40+	63
265	Joshua Alexander		49:33	SM	99
266	Steve Blake	26.2 RRC	49:34	SM	100
267	Greg Whiteman	26.2 RRC	49:34	M40+	64
268	Tom Oscroft		49:37	M40+	65
269	Martin Norton		49:37	SM	101
270	Lynn Howard	Elmbridge RR	49:39	L45+	7

271	Nick Smith		49:40	SM	102
272	Jon Garrod		49:46	SM	103
273	Alexander Slater		49:55	SM	104
274	Robb Reeves	26.2 RRC	49:55	M50+	30
275	Christine Egglestone	Lingfield RC	49:58	L55+	2
276	William Stumpf		50:00	SM	105
277	Michael Garner	Stragglers	50:01	M60+	8
278	Roland Hogg	Tadworth AC	50:03	M40+	66
279	Allan Bamford	Sheffield RC	50:03	M60+	9
280	Gill Lightfoot	Croydon H	50:04	L45+	8
281	Anita Hedges	Sutton Runners	50:05	L35+	26
282	Tom Littlewood	Striders of Croydon	50:07	SM	106
283	Peter Tozer	26.2 RRC	50:14	M60+	10
284	Steve Whitmore		50:15	M40+	67
285	Lewis Watson		50:15	SM	107
286	Chris Bassett		50:16	M40+	68
287	Claire Morgan	Wim. Windmilers	50:17	L45+	9
288	Michele Gibson	Ranelagh H	50:19	L45+	10
289	Louise Ellis	Clapham Chasers	50:21	SL	36
290	Simon Fogden		50:22	SM	108
291	Andrew Sincock		50:22	SM	109
292	Dominika Goliat	Herne Hill H	50:33	SL	37
293	Verka Stewart	Stragglers	50:35	SL	38
294	Sue Watson	Kingston & Poly	50:47	L55+	3
295	Tony Sayers	26.2 RRC	50:48	M50+	31
296	Rowena Hornshaw	Hercules/Wim.	50:50	SL	39
297	Stephanie Neville	Old Deers	50:55	L45+	11
298	Valerie Cooper	Epsom Oddballs	50:56	L45+	12
299	Lorraine Wait		50:58	L35+	27
300	Tim Lunn	26.2 RRC	51:03	M40+	69
301	Neil Roberts		51:34	SM	110
302	Deb Ellis	Clapham Chasers	51:35	SL	40
303	Danny Kitchener		51:37	SM	111
304	Stephanie Wood		51:40	L45+	13
305	Ann Bath	26.2 RRC	51:45	L55+	4
306	Alison Taylor	Wim. Windmilers	51:46	SL	41
307	Jose Scheuer	Ranelagh H	51:49	L35+	28
308	Louise Neville	Stragglers	51:56	L45+	14
309	Laurence Bowen		51:58	M40+	70
310	Jonathan Bates		51:59	SM	112
311	Tom Reay	Ranelagh H	52:00	M60+	11
312	Sonia Williams	Herne Hill H	52:03	L45+	15
313	Gregor Jackson		52:08	M40+	71
314	Clare White		52:20	L35+	29
315	Peter Shew	Striders of Croydon	52:24	M50+	32
316	Laura Roberts	26.2 RRC	52:31	SL	42
317	Barnaby Taylor		52:37	SM	113
318	Camilla Taylor	Serpentine	52:38	SL	43
319	Stephen Robinson	Tadworth AC	52:38	M60+	12
320	Wally Garrod	Ranelagh H	52:42	M60+	13
321	Nayan Mistry	Guildford & God.	52:46	SM	114
322	Ben Gleisner-Cooke	Fareham Crusaders	52:51	SM	115
323	Colin Woods	Windle Valley R	53:00	M40+	72
324	Elizabeth Wareing	Lingfield RC	53:03	L35+	30
325	Justin Showell	Purple Patch R	53:06	SM	116
326	Jacqueline Godfrey	26.2 RRC	53:11	SL	44
327	Johannes Prosser	Ranelagh H	53:13	SM	117
328	John Scally	Ranelagh H	53:13	SM	118
329	Douglas White	Collingwood AC	53:15	M50+	33
330	Suzanne Wigg		53:22	L35+	31
331	Sorrel Simmons		53:29	SL	45
332	Alice Amisah		53:31	L35+	32
333	Martin Gourlay	Striders of Croydon	53:34	M40+	73
334	Tim Leng		53:44	SM	119
335	Michael George	Striders of Croydon	54:03	M50+	34
336	Joanne Way		54:05	SL	46
337	Rebecca Belcher	Serpentine	54:10	SL	47
338	Penny Newcombe	Reigate Priory	54:15	L35+	33
339	Edward Clements	Reigate Priory	54:16	M50+	35

340	Paul Piper	Sutton Runners	54:17	SM	120
341	Claire Ballhatchet	Sutton Runners	54:22	SL	48
342	Emilie Wilkinson	26.2 RRC	54:35	SL	49
343	Zoe Foster	26.2 RRC	54:41	SL	50
344	Annmarie Seymour	Hercules/Wim.	54:48	L35+	34
345	Timothy Huggins		54:49	SM	121
346	Robin Geller	Reigate Priory	54:52	L45+	16
347	Kevin Furlong	26.2 RRC	54:58	M40+	74
348	Sally Bamford	Ranelagh H	54:58	L45+	17
349	Dave Wilkes	Lingfield RC	55:06	M60+	14
350	Anne Wareing	Wim. Windmilers	55:07	L35+	35
351	Jane Hoyle	Dragons	55:23	L45+	18
352	Elaine Dodds		55:25	L45+	19
353	Kim Ford	Striders of Croydon	55:30	L45+	20
354	Marion Stanton	Sutton Runners	55:34	L45+	21
355	Zoe Wingfield	26.2 RRC	55:52	SL	51
356	Matthew Crosswaite		55:57	M40+	75
357	Sophie Crosswaite		55:57	L35+	36
358	Andy Lea-Gerrard	Herne Hill H	56:05	M50+	36
359	Paula Shreidan		56:19	L35+	37
360	Tonny Bannister	Sutton Runners	56:23	M40+	76
361	Tina Russell	Sutton Runners	56:28	L45+	22
362	Avril Marmion		56:36	SL	52
363	Natalie Randell	26.2 RRC	56:39	SL	53
364	Laura King		56:50	SL	54
365	Steve King		56:53	M60+	15
366	Neil Davies	Serpentine	56:56	M40+	77
367	Alison Fox	Collingwood AC	57:01	L35+	38
368	Nick Moody	Dragons	57:17	M40+	78
369	Brian Hedges		57:18	M40+	79
370	Rohan Kumar		57:26	SM	122
371	Kerry Quinton	Reigate Priory	57:30	SL	55
372	Lorna Smith	Ranelagh H	57:37	L35+	39
373	Zoe Shewring	26.2 RRC	57:44	SL	56
374	Dennis Morre	Lingfield RC	57:51	M50+	37
375	Viv Gibson	Lingfield RC	57:52	L45+	23
376	Anne Philpott	Trail Running A	57:54	L45+	24
377	Paul Brown		58:11	M40+	80
378	Richard Smith	Serpentine	58:18	M50+	38
379	Danielle Payne	Lingfield RC	58:29	SL	57
380	Ian Chappell	Stragglers	58:43	M50+	39
381	Edward Josey		58:59	SM	123
382	Dawn Bates	Ranelagh H	59:13	L35+	40
383	Alison Phillips	Dragons	59:43	L35+	41
384	Nelly Borgart		60:32	SL	58
385	Susan Haynes	Striders of Croydon	60:43	L35+	42
386	Philip McConnell		60:57	M50+	40
387	Amy Wright	Haslemere Border	60:57	SL	59
388	Sarah Kingsbury	Haslemere Border	60:58	L35+	43
389	Carol Hollingworth	Striders of Croydon	61:07	L35+	44
390	Karen Rogers	Sutton Runners	61:11	L45+	25
391	Patricia Cue	Sutton Runners	61:13	L55+	5
392	Rebecca Sweeney		61:38	SL	60
393	Kate Eden	Stragglers	61:51	SL	61
394	Alan Meaden	Ranelagh H	61:56	M50+	41
395	Catherine Carthy	Ranelagh H	62:20	L45+	26
396	Pauline Woodman	Sutton Runners	62:24	L55+	6
397	Frances Coyle		62:37	SL	62
398	Stephen Tyler	Striders of Croydon	62:52	M50+	42
399	Deborah Blakemore	Ranelagh H	63:03	L45+	27
400	Hannah Doyle	Ranelagh H	63:09	SL	63
401	Yve Gilding	Haslemere Border	63:35	L35+	45
402	John Hanscomb	Ranelagh H	63:56	M60+	16
403	Marianne Morris	Serpentine	64:27	L55+	7
404	Tom Sweeney		64:58	M50+	43
405	David Jones	Dragons	65:12	M40+	81
406	Tina Jones	Dragons	65:12	L35+	46
407	Pamela Willoughby	Stragglers	65:18	L45+	28
408	Ruth Thomas		65:52	L35+	47

409	Malcolm Hicks	Crystal Pal Tri	66:00	M60+	17
410	Lorna Cook		66:41	SL	64
411	Tim Valassidis	Dragons	66:48	SM	124
412	Kristina Coles	Wim. Windmilers	67:05	L35+	48
413	Karen Connor	Striders of Croydon	67:18	L35+	49
414	David Meaden	Ranelagh H	67:38	M60+	18
415	Lizzie Wilson	26.2 RRC	68:02	L45+	29
416	Anne Hurn		68:36	L35+	50
417	Evelyn McDermott		70:13	M50+	44
418	Sophia Amissah		72:42	L35+	51
419	Eileen McManus		73:14	L45+	30
420	Jennifer Chamberlain		74:51	SL	65
421	Maria Pordan	Ranelagh H	76:09	SL	66
422	Irene Sayers	26.2 RRC	77:30	L55+	8
423	Ann McCann	Old Deers	77:59	L45+	31
424	Douglas Hay	Redhill & D RM	78:29	M40+	82
425	Fiona Spooner		79:35	SL	67
426	Katherine Spooner		79:35	SL	68
427	Kate Knight	Collingwood AC	82:19	L45+	32

**TEAMS MEN: ( 3 to Score)**

1	Thames H&H	10
2	Belgrave H	33
3	Clapham Chasers	48
4	Reigate Priory	55
5	Ranelagh H	58
6	Stragglers	68
7	Dorking & MV	75
8	Herne Hill H	83
9	Guildford & G	113
10	South London H	116
11	Epsom & Ewell H	134
12	26.2 RRC	148
13	Elmbridge RR	162
14	Striders of Croydon	164
15	Hercules/Wim.	175
16	Wim. Windmilers	181
17	West 4 Harriers	210
18	Sutton Runners	212
19	Tadworth AC	217
20	Croydon H	292
21	Serpentine	346
22	Collingwood AC	446
23	Redhill & Dist RM	491
24	Epsom Oddballs	531
25	Dragons	699

**TEAMS WOMEN: ( 3 to Score)**

1	Ranelagh H	17
2	Stragglers	28
3	Clapham Chasers	31
4	Herne Hill H	73
5	Wim. Windmilers	84
6	South London H	88
7	Sutton Runners	109
8	26.2 RRC	118
9	Elmbridge RR	162
10	Serpentine	193
11	Striders of Croydon	197
12	Reigate Priory	222
13	Lingfield RC	283
14	Haslemere Border	291
15	Collingwood AC	313
16	Dragons	376

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